

Electrocardiogram (ECG)

An ECG records the rhythm and electrical activity of your heart. Several small sticky patches (electrodes) are put on your arms, legs and chest. You will need to undress down to the waist (including bra) to have the electrodes fitted. If you have a lot of hair on your skin, we may need to shave that area to make sure the electrodes stay in close contact with your skin. These electrodes are attached to wires leading to a recording machine. The test is up to 10 minutes long. Please refrain from using moisturisers and body oils prior to test as it prevents the electrodes from sticking. It is advisable to wear a loose top which you can remove easily. Ladies are advised to avoid wearing tights.